



BKS Iyengar Yoga Association of Minnesota

P.O. Box 582381 • Minneapolis, MN 55458-2381

Board of Directors Meeting

September 23, 2018

Location

The meeting was held at Common Roots Café, Minneapolis, MN.

Call to Order

Meeting called to order at 12:18 pm by President Joy Laine.

Attendance: Determination of a Quorum

Present: Joy Laine, Luanne Laurents, Nancy Marcy, Mona McNeely, Mary Jo Nissen

Absent: Shannyn Potter

A quorum was established for the meeting.

Approval of Minutes

Mary Jo N. moved and Luanne L. seconded that we approve the June 2018 minutes. Motion passed. There was some discussion about whether we should make an audio recording of meetings for purposes of accuracy. Mary Jo moved that we record board meetings and delete the recordings after the minutes of that meeting are approved. Mona seconded. Motion passed.

President's Report (Joy Laine)

- Joy and the board extended congratulations to Nancy Marcy on passing the Intermediate Junior I teaching assessment.
- We discussed IYNAUS policy regarding ethical conduct of teachers: specifically, its response to recent allegations of sexual misconduct by a CIYT. IYNAUS President David Carpenter had issued a letter asking for feedback from members about what they would like to see done. We decided that it would be ill-advised for IYAMN to issue its own policy and procedures on this matter prior to clarification of IYNAUS ethical guidelines, which currently seem inadequate. Luanne will let regional representative Steve Weiss know that the IYAMN board feels the current national ethical guidelines are inadequate.

Vice President's Report (Luanne Laurents)

Luanne presented IYNAUS-related information from Steve Weiss:

- Background information about the ethics situation and letter from David Carpenter, as discussed previously in this meeting. He said the IYNAUS board will be meeting in Dallas during the October 6-8 weekend.
- Update on the 2019 national convention: Although there are enough hotel rooms available for participants, they are filling up quickly.

Committee Reports

Treasurer's Report (Luanne Laurents, acting Treasurer)

Luanne reported that our bank balance is \$9093.48, not counting money collected for the Mary and Eddy workshop. Mary Jo scanned the bank account report and emailed to Nancy for posting on the IYAMN website and on box.com.

Media/Communications :

There was no report given.

Education/Events:

1. *Mary and Eddy Workshop (October 5-7, 2018)*
 - a. Mary Jo is picking up checks, scanning them and sending to Luanne. Luanne is emailing acknowledgements to check writers.
 - b. Mona will take care of onsite registration for the entire workshop. Joy can pass her SPYC key to Mona.
 - c. Luanne will give Mona current spreadsheets of all checks that come in as well as all PayPal registrations.
 - d. Joy has a budget prepared.
 - e. Nancy will make reservations for a 4 pm Sunday dinner at Birchwood Café.
 - f. Nancy will take photos of the workshop and send to Shannyn for posting online.
 - g. Shannyn will send out one more email the week before the event.
2. *Winter Yoga Day*
 - a. Shannyn has been confirming things with William; needs guidance from board as to what to include. Ask him to discuss the photos he has of Guruji.
 - b. William will do discussion and pranayama; no asana.
 - c. Will we be doing something extra, more celebratory as this is the closing day of the centenary year?
 - d. Annual meeting to take place after the Yoga Day celebration: discussion of agenda resulted in decisions to limit the time to ½ hour , the agenda to voting for new directors, and to put off voting on change of Articles of Incorporation until the new year (see below for details).

Membership (Mary Jo Nissen):

1. We currently have 113 members.
2. Mary Jo distributed membership plan for 2019. We agreed to put this in our binders, next to procedures for membership drives.
3. She asked what members would be voting upon at the annual meeting that is scheduled to follow the December Yoga Day. Mary Jo moved, and Nancy

seconded, that we take a voice vote on a set of issues during the members' meeting. Discussion ensued regarding the appropriateness of ending a celebratory Yoga Day by presenting members with these weighty decisions; the motion was dropped.

4. Mary Jo moved that a slate of board of directors' nominees be presented at the annual meeting in December for approval by the members vote. Joy seconded. Motion passed.

Administration (Nancy/Joy):

1. We discussed proposed changes to the current bylaws and articles of incorporation (AOI) as well as the manner in which they should be approved. Proposed amendments to the AOI include a) changing the name of the organization and b) changing the length of term of directors of the board. Proposed changes to the bylaws include c) giving the board the power to appoint directors and d) giving the board the power to amend the AOI without members' vote of approval (according to the Minnesota nonprofit statute, members would need to vote to give the board such power).
2. After some discussion, we agreed that it would be a good idea to have an attorney review our proposed changes prior to bringing them to the members for consideration and/or voting. As one board member said, "we need to get it right, know the law, the statutes, give a good argument for it."
3. Nancy moved that we call a special meeting of members during the first half of 2019 (date to be announced after attorney reviewal) for the purpose of voting on changes to the Articles of Incorporation. Prior to that we will give the members access to all relevant documents for their consideration. Mona seconded. Motion passed.

New Business

1. Slate of Directors for next year was discussed. Joy will be leaving the board. Luanne Laurents and Nancy Marcy are up for reelection. Mary Jo and Mona ~~is~~ are willing to continue on the board. Susan Johnson ~~is interested~~ has expressed an interest in serving on the board again.
2. Next Steps:
 - a. Luanne will check with Steve Weiss about requirements for directors of the board regarding fidelity to the Iyengar method.
 - b. Joy will be in touch with Paul Busch about signing the statement of commitment.
 - c. Mary Jo will talk with Susan Johnson about serving on the board.
 - d. Nancy will talk with Julie Sybrant about serving on the board when the decision has been made about Paul.
 - e. Nancy and/or Luanne will contact the Minnesota Nonprofit Board and David Larsen for assistance in reviewing our proposed changes to the AOI and bylaws.

Next Meeting

The next meeting will take place on Sunday, October 21st at noon after Lee's Sūtra Study group at Common Roots Café.

Adjournment

The meeting was adjourned at 2:12 pm.

Respectfully submitted,
Nancy Marcy
IYAMN Secretary